Poly- and Perfluoroalkyl Substances (PFAS) in Water Samples by Liquid Chromatography/Tandem Mass Spectrometry

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ISO 17025 Accredited Method

Introduction

Poly- and perfluoroalkyl substances, also known as PFAS compounds, are found in numerous components, but are mostly found in non-stick and waterproof items that are used in everyday life, including Teflon. Even items like the inside of microwave popcorn bags, fast food wrappers, and aqeous firefighting foams (AFFF) contain PFAS compounds.

While these compounds are not acutely toxic, PFAS are known to bioaccumulate, i.e. they collect in organ tissue, over time and are potentially carcinogenic and contribute to other health issues. Because of the pervasiveness and stability of PFAS, these compounds are being detected in many areas of the environment, including water, sediment/soil, and in the tissues and organs of marine and terrestrial wildlife.

To test for the ubiquity of PFAS compounds in the environment, various types of water samples were collected from the Bryan/College Station area, including tap water, filtered tap water, collected rain water, and pond water, and were analyzed by liquid chromatography/tandem mass spectrometry.

The PFAS Challenge

PFAS’ prevalence and stable nature are the very reasons these compounds are challenging for analytical chemists in all areas, from extraction to detection.

The most common way to detect PFAS is by liquid chromatography/triple quadrupole mass spectrometry (LC/MS/MS). In nearly all instances, LC solvent delivery systems are made of Teflon components due to its inert nature, leading to elevated background levels of PFAS. This concern is addressed by installing a smaller LC column between the pump and the LC autosampler, delaying the eluting of interfering compounds.

Chemically, PFAS contain a strong carbon-fluorine chain. They also maintain charged functional groups in the form of sulfonates, carboxylic acids, telomer sulfonates, and sulfonamides, with ever-growing variations to add to the PFAS family. Because of the strong nature of the carbon-fluorine bond, these compounds are nearly impossible to fragment using LC/MS/MS, a soft ionization technique. Furthermore, the inability of these compounds to break down has contributed to their pervasiveness in the environment and status as carcinogens and contaminants of concern.

The unique nature of PFAS makes them difficult to extract from complex matrices such as soil and tissue. In some cases, because of their charged functional group, an ion-pairing agent is used to form an ion pair that will more easily partition into an organic phase.

The individuals performing the tasks of sampling and analysis must understand that these compounds can be associated with laboratory implements, such as aluminum foil, traditional homogenizers and blenders, and solvent bottles. For best results, a method that intentionally uses polypropylene implements that have not been washed with detergent should be developed.

Materials and Extraction

Sample Preparation-100 mL
• Sample salinization
• Sodium thiosulfate (Na2S2O3) to remove free chlorine

Solid Phase Extraction (SPE)
• Condition SPE Cartridges
• Apply Samples
• Collect 2 Elution Fractions of organic solvent mixures
• Dry to a residue using N2 gas and heated water bath

Resuspension for Analysis
• Blend of water, methanol, and external standard M9PFNA
• Stored in a polypropylene vial

Solid Phase Extraction

Solid Phase Extraction (SPE) uses a solid sorbent to separate matrix components from the target analytes. The benefits of SPE include:
• Cleaner extracts
• Lower detection limits with less sample
• Less solvent waste
• Use of analyte and matrix chemistries to maximize recoveries

PFAS in water are extracted using an HLB (hydrophilic-lipophilic balance) sorbent, a solvent-wettable, hydrophilic, reversed-phase copolymer ideal for the variety of chemicals found in the PFAS family.

Analysis by LC/MS/MS

The calibration curves for each analyte have a range of 5 ng/L to 250 ng/L and calibration curve samples are prepared and extracted in the same manner as the samples and alongside quality control samples that include spikes, second source standards, and standard reference materials. All calibration curves are linear.

The method detection limits (MDLs) for this analysis range from 0.18-1.9 ng/L and were calculated using multiple spiked and extracted negative control matrix samples. A brief outline of instrument method parameters can be found in Table 1.

Table 1. Parameters for the PFAS Instrument method, for LC and MS/MS features.

<table>
<thead>
<tr>
<th>LC</th>
<th>MS/MS</th>
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<tbody>
<tr>
<td>Mobile Phases: “5 mM Ammonium Acetate in water (A) and methanol (B)</td>
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<tr>
<td>Flow Rate: 0.7-1.0 mL/min</td>
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<tr>
<td>Injection Volume: 10-20 µL</td>
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<tr>
<td>Gradient Start: 85%/15%B</td>
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<tr>
<td>Peak Resolution: 0.7 FWHM</td>
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</table>

Ionization Mode: HESI-
Collision Energy (CE): compound-specific
Segmented SRM
Peak Resolution: 0.7 FWHM

Results

The results from this study are summarized in Figures 1 and 2 for natural and potable water sources, respectively.

Figure 1. Total PFAS compounds for natural water sources, which include ponds, rain water, storm drain runoff, and pooled water.

Figure 2. Total PFAS compounds for potable water sources, which include tap water and filtered tap water.

Conclusion

PFAS were detected in 85% of samples, showing the pervasiveness of these chemicals in our environment. Solid phase extraction provided cleaner extracts for trace-level PFAS analysis in all types of water samples.

References


Acknowledgements

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